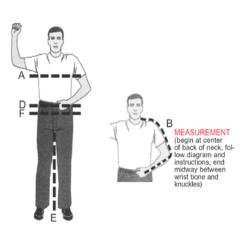
## **Measuring Instructions**



Cadet: _		
Height:		Weight:
	MALE	□ FEMALE

**IMPORTANT:** Turnout Gear sizes differ from street clothes. Extra care in measuring is needed to assure accurate fit. PLEASE USE ACTUAL MEASUREMENTS AS INDICATED BELOW.

- Do not take your own measurements.
- Stand straight but relaxed, feet about 12" apart.
- Wear identical clothing and accessories that will be worn under turnout gear.
- Use a high-quality non-stretch tape measure, holding it straight and snug so that it lies smooth without indenting the body. Be sure to start at the low end of the numbers.

A. Chest – Take and hold a deep breath; measure under arms and around fullest part of chest (bust). Chest:
of chest (bust). Chest:
<b>B. Sleeve</b> – Bend elbow and hook thumb under belt buckle, and, beginning at center

back of neck, measure across top of shoulders, around point of elbow to midpoint from wrist bone to knuckles. Sleeve: \_\_\_\_\_

**D. Waist** – Measure loosely over belt. Be sure tools (knives, belt buckles, beepers, etc.) are taken into consideration when applicable. Waist:

**E. Inseam** – Wearing normal station wear, measure from crotch inner seam to ankle bone. Inseam:

**F. Hips** (Women Only) – Measure around fullest part of hips. Hips: \_\_\_\_\_

Gloves – Circle one: XXS XS S M L XL XXL

**Boots** – Sized to fit like street shoes. Boots: \_\_\_\_\_

□ MALE □ FEMALE

